

## **MEDIA RELEASE**

### **Nita M Ambani Launches The Her Circle EveryBODY Project to drive a nationwide body-positivity movement of acceptance and inclusivity**

**India's foremost digital content and networking platform for women, Her Circle, celebrates its 310-million reach on its 2<sup>nd</sup> anniversary by launching an inclusive initiative**

**Mumbai, 8<sup>th</sup> March 2023:** On International Women's Day this year, Mrs Nita M Ambani, Founder-Chairperson of Reliance Foundation launched The Her Circle, EveryBODY Project to celebrate body positivity and encourage the acceptance of all, irrespective of size, age, colour, religion, neurodiversity, or physicality. The movement aims to create a circle of kindness and non-judgemental acceptance. Her Circle was founded and launched by Mrs Ambani in 2021 to create a safe, inclusive, growth-oriented digital haven for women. On its second anniversary, the platform has become India's largest digital platform for women with a phenomenal overall reach of 310 million. Driving the prime objective of inclusivity, Mrs Ambani has invited every individual to come forward, be a part of this initiative and make a difference.

**On the occasion of the launch of the Her Circle EveryBODY Project, Mrs Nita M Ambani said,** "Her Circle is about sisterhood, but also about solidarity. A solidarity that is based on equality, inclusion, and respect for all. And that is the core of our new project - the Her Circle Everybody Project. We have all seen the kind of trolling that happens on social media. They pass opinions without knowing the battles people are fighting. There are medical issues, there are genetic factors people can be going through. And yet they are subjected to trolling and humiliation. It can be so damaging, especially for young minds. I hope our initiative can address this in some way and give people the confidence and freedom to be who they are."

**In addition to the launch of the initiative, Mrs Ambani celebrated the second anniversary of Her Circle by featuring on its anniversary-special digital cover and giving an exclusive interview.**

**Mrs Nita M. Ambani congratulated the users of Her Circle with a special message**

"Congratulations to the entire team and the millions of women who form Her Circle! We started out as an idea. And we hope to make it a movement for all women! We launched Her Circle in the middle of the pandemic, still in lockdown. And we've come a long way in the last two years. But this is just the beginning!"

---

**Registered Office:**

9<sup>th</sup> Floor, Maker Chamber IV,  
222 Nariman Point, Mumbai 400021,  
Maharashtra, India

**Toll Free Number:**

1800 419 8800

**Email:**

[contactus@reliancefoundation.org](mailto:contactus@reliancefoundation.org)

**Internet:**

[www.reliancefoundation.org](http://www.reliancefoundation.org)



Her Circle's second-year milestones cover goals across digital usage and networking. With more than 2,20,000 registered women users mostly entrepreneurs, we are constantly encouraging women to collaborate professionally and socially to rise together. Through The Her Circle EveryBODY Project, which will be a year-long initiative, Her Circle aims to promote diverse body sizes and appearances through real-life stories and short films of women in the world of social media – women who have challenged the unrealistic beauty standards and toxic norms that expect you to be of a certain size, colour and shape and turned it around to succeed, embrace their uniqueness and be the change and influence in the digital space. At the forefront of driving our founder, Mrs Nita M Ambani's vision of a body-positive world, Her Circle will be encouraging women to put themselves first and build a larger circle of kindness and wellness.

### How does Her Circle work?

Her Circle, founded by Mrs Nita M Ambani, is designed as a one-stop destination to provide women-related content that is engaging, and upliftment-oriented even as it connects women to each other through a social platform. She can engage as she watches vibrant videos, and reads articles with solution-oriented life strategies covering living, wellness, finance, work, personality development, community service, beauty, fashion, entertainment, creative self-expression and active participation in public life through women-led NGOs and other organisations.

Users can toggle between their language of choice—English and Hindi currently—by a simple language selection option. The Hindi content is unique and original, customized for the user.

The platform provides women with answers from Reliance's esteemed panel of experts on health, wellness, education, entrepreneurship, finance, philanthropy, mentorship and leadership. The section on upskilling and jobs will help her find new professional skills as well as get job opportunities suited to her profile. She can grow and learn through masterclasses from the best in the business or avail complimentary digital courses.

**Private, Personalised, Safe:** while the content, from videos to articles, is open to all, the social networking part of the platform is only for women. The social connect will provide her with a safe, women-only forum to make new friends with shared interests or ask questions from peers without hesitation. **Her Circle** also has an exclusive and personal space for women to ask questions to medical and finance experts in a confidential chatroom.

**Her Good Habit App:** In addition to providing useful and uplifting content, social networking and expert advice in a safe and personalised environment, **Her Circle** also provides trackers to enable users to inculcate and sustain the right habits in the space of fitness, period tracking, fertility & pregnancy guide and finance tracking.

---

**Registered Office:**

9<sup>th</sup> Floor, Maker Chamber IV,  
222 Nariman Point, Mumbai 400021,  
Maharashtra, India

**Toll Free Number:**

1800 419 8800

**Email:**

[contactus@reliancefoundation.org](mailto:contactus@reliancefoundation.org)

**Internet:**

[www.reliancefoundation.org](http://www.reliancefoundation.org)



**Her Circle** is a desktop and mobile-responsive website and is available as a free app on Google Play Store and iOS App Store.

Lastly, participation in **Her Circle** is entirely free for its registered users.

### **About Reliance Foundation**

Reliance Foundation, the philanthropic arm of Reliance Industries Limited, aims to play a catalytic role in addressing the India's development challenges through innovative and sustainable solutions. Led by Founder and Chairperson Smt. Nita Ambani, Reliance Foundation is relentlessly working to facilitate transformative changes for the overall wellbeing and higher quality of life for all. Reliance Foundation is focused on addressing the nation's development challenges in rural transformation, education, health, sports for development, disaster management, women empowerment, urban renewal and arts, culture and heritage, and has touched the lives of more than 66 million people across India, in more than 54,200 villages and several urban locations. For more information, please visit <https://www.reliancefoundation.org/>

---

**Registered Office:**

9<sup>th</sup> Floor, Maker Chamber IV,  
222 Nariman Point, Mumbai 400021,  
Maharashtra, India

**Toll Free Number: Email:**

1800 419 8800

[contactus@reliancefoundation.org](mailto:contactus@reliancefoundation.org)

**Internet:**

[www.reliancefoundation.org](http://www.reliancefoundation.org)